

Variable	Mean	SD	Min	Max	Skewness	Kurtosis	Normality
Age	35.2	12.5	18	65	0.15	3.2	0.98
Gender	1.2	0.4	1	2	0.05	3.0	0.99
Education	12.5	2.1	9	16	0.25	3.5	0.97
Income	1500	500	500	3000	0.35	3.8	0.96
Marital Status	1.8	0.4	1	2	0.05	3.0	0.99
Occupation	2.5	1.2	1	5	0.15	3.2	0.98
Health Status	1.5	0.5	1	2	0.05	3.0	0.99
Stress Level	3.2	1.5	1	5	0.25	3.5	0.97
Life Satisfaction	4.5	1.2	3	6	0.15	3.2	0.98
Resilience	2.8	1.0	1	4	0.25	3.5	0.97
Optimism	3.5	1.1	2	5	0.15	3.2	0.98
Emotional Stability	1.8	0.6	1	2	0.05	3.0	0.99
Self-Esteem	3.0	1.0	2	4	0.15	3.2	0.98
Life Purpose	2.5	1.0	1	4	0.25	3.5	0.97
Gratitude	3.8	1.2	2	5	0.15	3.2	0.98
Forgiveness	3.2	1.1	2	5	0.15	3.2	0.98
Compassion	3.5	1.0	2	5	0.15	3.2	0.98
Resilience	2.8	1.0	1	4	0.25	3.5	0.97
Optimism	3.5	1.1	2	5	0.15	3.2	0.98
Emotional Stability	1.8	0.6	1	2	0.05	3.0	0.99
Self-Esteem	3.0	1.0	2	4	0.15	3.2	0.98
Life Purpose	2.5	1.0	1	4	0.25	3.5	0.97
Gratitude	3.8	1.2	2	5	0.15	3.2	0.98
Forgiveness	3.2	1.1	2	5	0.15	3.2	0.98
Compassion	3.5	1.0	2	5	0.15	3.2	0.98



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for scanning. (Document title)

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